

LOVE LANGUAGE #1 WORDS

REVIEW

Use Words of Affirmation to:

ENGAGE



READ

In March 1912, Captain Robert Scott lay huddled in his tent in Antarctica, waiting out a storm. He had lost his race to be first to the South Pole and now struggled to return to his base camp. As he suffered from starvation and frostbite, he penned a last letter to his wife and two-year-old son.

"To my widow... We are in a very tight corner and I have doubts of pulling through. If anything happens to me, I should like you to know how much you have meant to me. Oh my dear, what dreams I had of [our son's] future. What lots and lots I could tell you of this journey. What tales you would have for the boy, but, oh, what a price to pay. To forfeit the sight of your dear, dear face."

The letter was finally delivered after Scott's body was found that November.

APPLY

- Write a thank-you note to someone who probably isn't expecting one (e.g., someone who didn't just give you a present). Explain what that person has done that you appreciate. Tell how it has impacted you.
- Think of someone you care about but rarely talk to. Maybe it's a grandparent, other relative, or an old friend. Call just to say "hi." Spend a few unhurried minutes on the phone together.
- Try out a new format for using your words to show love! Write a poem or a song. Send a video greeting via email. Shoot out a text or a snapchat.

ROLE PLAY
LOVE LANGUAGE #1: WORDS

TAKE 1

MOM is busy talking on the phone.

ALEX: **Mom!**

MOM keeps talking on the phone.

ALEX: *(more impatiently)* **Mom, come ON! I'm gonna be late!**

MOM: *(into phone)* **Sorry, Lisa. I've got to go.** *(to ALEX)* **What's the problem?**

ALEX: **I told you! You have to drive me to practice, and now I'm going to be late!**

MOM: **Honey, that was Casey's mom on the phone. I was making sure Casey's dad is picking you up on the way to practice. That's probably them in the driveway right now.**

ALEX: **You never tell me anything.**

TAKE 2

MOM is busy talking on the phone.

ALEX smiles and taps wrist as if wearing a watch.

MOM keeps talking on the phone.

ALEX smiles, raises eyebrows, and makes steering wheel gestures.

MOM: *(into phone)* **Sorry, Lisa. I've got to go.** *(to ALEX)* **What's the problem?**

ALEX: **Remember, I have practice. Actually, I think we were supposed to leave already.**

MOM: **That was Casey's mom on the phone. I was making sure Casey's dad is picking you up on the way to practice. That's probably them in the driveway right now.**

ALEX: **Oh good. Thanks for making sure I have a ride. Love you, Mom!**



ROLE PLAY
LOVE LANGUAGE #2: TIME

TAKE 1

SAM: *(angrily)* I can't believe it! No one works harder than I do in the sailing club, but David got the service scholarship.

TAYLOR: *(sympathetically)* Don't be mad. There's always next year.

SAM: *(still mad)* Of course I'm going to be mad! David doesn't even do anything! He only raised the most money because his dad sold a lot of stuff at his office.

TAYLOR: No offense, but you probably could've raised more money if you'd started trying earlier.

SAM: What's that supposed to mean?

TAYLOR: I'm just saying, you didn't even start trying to do the fund-raiser until the final week.

SAM: Never mind. You aren't even listening to what I'm saying.

TAKE 2

SAM: *(angrily)* I can't believe it! No one works harder than I do in the sailing club, but David got the service scholarship.

TAYLOR: _____

SAM: *(still mad)* David doesn't even do anything! He only raised the most money because his dad sold a lot of stuff at his office.

TAYLOR: _____

LOVE LANGUAGE #3 GIFTS

REVIEW

Receiving a gift vs. buying it yourself

ENGAGE

Rank the gifts below in order of how special they would be to you (1 = most special).

- _____ Expensive headphones
- _____ A playlist of music for an upcoming road trip
- _____ A T-shirt that supports a cause you care about
- _____ Tickets to a game or show you like
- _____ A gift card to the mall
- _____ A handmade scarf or hat
- _____ A scrapbook of photos and souvenirs
- _____ A photo of your favorite celebrity signed specifically to you

READ

Dear Mr. Manners,

Please help. I never know how to act when I receive a gift. I've heard that you're not supposed to open it in front of others, but I've also heard it's okay to open it immediately.

Should I tear it open or carefully remove the tape?
Read the card aloud or silently?

What happens if I don't really like the gift? Do I have to pretend I like it?

Sometimes, when I receive many gifts at the same time, I'm afraid I might get a duplicate. How can I handle that so no one feels bad?

If I say thank you in person, do I still have to send a thank-you note later?

Signed,
Beguiled by Gifts

APPLY

Start paying attention! Keep a notebook or set up a note on your phone. Add to it whenever you encounter gift ideas for those close to you.



ROLE PLAY
LOVE LANGUAGE #3: GIFTS

SITUATION 1: YOU DO NOT LIKE THE GIFT

FRIEND: Happy Birthday! I hope you like it. I searched all over to find just the right one.

YOU: *(after unwrapping a hideous sweater)* _____

SITUATION 2: THE GIFT IS A DUPLICATE

GRANDMA: Now, I know you'll love this because your dad said it was number one on your list!

YOU: *(after unwrapping something you already have)* _____

SITUATION 3: THE GIFT IS HANDMADE

SISTER: I'm not really good at sewing yet, but I saw this fabric and thought of you right away.

YOU: *(after unwrapping a poorly sewn tote bag)* _____

SITUATION 4: THE GIFT IS THOUGHTLESS

SECRET BUDDY: Here ya go.

YOU: *(after unwrapping an obviously regifted, unappealing book)* _____

SITUATION 5: THE GIFT IS AWESOME

UNCLE: I saw this and thought you might enjoy it.

YOU: *(after unwrapping a great gift you didn't even ask for)* _____

LOVE LANGUAGE #4 SERVICE

REVIEW

ENGAGE

Look up each word in a dictionary. Write the definitions that best apply to the love language of service.

serv-ice /'s rv s/ noun

mar-tyr-dom /'märd rd m/ noun

READ

The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him...

When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them." (*John 13:2-17, NIV*)

APPLY

Family:

School:

Community:

World:



ROLE PLAY
LOVE LANGUAGE #4: SERVICE

SCENARIO 1:

- BAILEY: *(playing a video game)* Hey, could you turn up the contrast on the monitor? I'm having trouble seeing the flaming arrows.
- CASEY: Sure. Hey, isn't this level three? I thought you said I could have a turn after you beat level two.
- BAILEY: Yeah, but level two kind of goes right into level three. Why don't you make us those pizza bagels while I finish this level?
- CASEY: Um, okay.

SCENARIO 2:

- BAILEY: *(playing a video game)* Hey, could you turn up the contrast on the monitor? I'm having trouble seeing the flaming arrows.
- CASEY: Sure. And I guess I'll go make those pizza bagels too. I mean, I might as well do something to keep busy while you play the game.
- BAILEY: Ooh, that would be great! I am kind of getting hungry.
- CASEY: Yeah, it's not like I wanted a turn anyway. I just came over to watch you play.

SCENARIO 3:

- BAILEY: *(playing a video game)* Hey, could you turn up the contrast on the monitor? I'm having trouble seeing the flaming arrows.
- CASEY: Sure. You know what? The screen looks really dusty. Why don't you pause the game for a minute and we can get set up better. Where's your dusting spray?
- BAILEY: Don't worry about it. I can grab it.
- CASEY: Okay. While you do that, I'll pop the pizza bagels in the oven.



ROLE PLAY
LOVE LANGUAGE #5: TOUCH

SCENARIO 1:

ALEX: Oh no. Here comes Aunt Betty.

SAM: So what? She's really nice.

ALEX: I know, but she always wants a hug. And she holds on way too long and I end up smelling like old lady perfume. Gross.

CASEY: Shh, here she comes.

AUNT BETTY: Hello there! *(leans in and hugs ALEX)*

ALEX looks distressed.

AUNT BETTY leans in to hug SAM.

SAM: *(taking a small step back and holding up fist)* Hey, Aunt Betty, check this out. It's called a fist bump. *(teaches AUNT BETTY to fist-bump)* My friends and I all do this instead of shaking hands or hugging. Plus, this way you won't catch my cold.

SCENARIO 2:

TREY: Hey, want to come over later? My dad will be home, but he'll probably be working in the garage. We could watch a movie or something in my room and he won't bother us.

ASHLEY: Hanging out today would be great, but why don't we go get ice cream with Jared and Hannah?

TREY: Um, that's fine, but then we wouldn't be alone.

ASHLEY: It will still be fun. When I'm first dating someone, I like to stick to group stuff. It's just some advice my uncle gave me, and it has worked out well.

REVIEW AND CHAPTERS 6-10

REVIEW

Which do you think are your top 3 love languages?

Ask 3 people who know you well what they think your primary love language is.

ENGAGE

What are the most important qualities you'd like your future spouse to have? Think about this and make some decisions before the starry-eyed feelings of love crop up!

READ

They say you can't choose your family, but for Katie Davis that wasn't entirely true. And no one, including Katie, would have guessed that her choice would involve becoming the mother of 13 children by the time she turned 26!

Katie traveled to Uganda from her home in Tennessee for the first time when she was 18 years old. Her mission was to serve the poor, starving, and uneducated people of Masese. In the process, this class president and homecoming queen canceled her college plans, moved to Uganda, established several aid organizations, and adopted 13 daughters.

Today, Katie is director of a large ministry in Uganda and an author. Her family grew when she met her husband, another service-minded person from Tennessee who was serving in Africa. You can bet their love-filled family speaks the language of service!

APPLY

- The next time you catch yourself feeling angry, write it out. You might start off just venting angry feelings, but then get constructive. Think about the tips for anger management from chapter 8.
- Do you owe someone an apology? Write a note, send a text, or talk face to face. Be specific and sincere. Consider the other person's love language as you seek to make amends.
- Offer forgiveness, even if the other person hasn't asked for it—and even if you don't feel like it. Remember, love is a decision, not a feeling. So is forgiveness.