

THE *5 love*
LANGUAGES®
FOR MEN

You've read the book—now go deeper!

The 5 Love Languages® has transformed countless relationships. This practical guide helps men—either on their own or with a small group—experience that transformation through thought-provoking, chapter-by-chapter discussion and application questions.

For more information or to discover your love language, visit www.5LoveLanguages.com.

How Many Languages Do You Speak?

IMPORTANT THOUGHT: One of the five love languages is an expressway to your wife's heart. That's not to say she won't respond politely to one or more of the other languages—especially if she sees you making a real effort. But ultimately, those other four love languages are as foreign to her as Cantonese is to most English speakers. On the other hand, when you express your love for your wife using her *primary* love language, it's like hitting the sweet spot on a baseball bat or golf club. It just feels right—and the results are impressive.

1. How many TV shows can you think of that feature men and women—usually married couples—who can't seem to understand or communicate with each other? Is there any truth to the notion that the two genders will simply never be able to understand each other completely?

2. What did you assume about your wife's love language before you started reading the book? What effect did those assumptions have on your relationship?

3. Why would someone fall in love with a person who speaks a foreign primary love language?

4. How would you describe the arc of your relationship with your wife, from the time you started dating until now? What role did love languages—the ability or inability to speak them—play in the ups and downs of your relationship?

5. Rank the following resources (which are listed in chapter 1) in order of importance as they relate to your efforts to become fluent in your wife's primary love language: a short memory, creativity, vision, the good advice of others, endurance, prayer, and a firm stance. Explain your rankings.

FOR GROUP DISCUSSION: What's the worst that could happen if you applied the principles of *The 5 Love Languages* to your marriage? What's the best that could happen?

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What Languages Do You Speak?

IMPORTANT THOUGHT: For most of us, discovering a primary love language—our spouse’s or our own—is a challenge. The clues aren’t always as obvious as we might hope. We shouldn’t be surprised. We are, after all, complex individuals. We have a variety of interests. We respond to all kinds of stimuli. There’s no reason people *should* expect to figure us out quickly.

1. Did you have an “aha” moment the first time you glanced at the list of the five love languages? Did you spot your wife’s—or your own—love language right away? If so, what gave it away? If not, why do you suppose that is?

2. If you could choose your wife’s love language, what would it be? Why?

3. Of the five love languages, which one do you think would take you longest to become fluent in? Why?

4. How well do you think the Tank Check Game, as described in chapter 7, would work with your wife? Is she likely to be open and transparent with you about her needs and feelings? Is there an obstacle in your relationship right now that might lessen the game’s effectiveness? What, if anything, can you do to make the game work for you?

5. Why do the most effective strategies for growing and improving our relationship always seem to take us outside of our comfort zone?

FOR GROUP DISCUSSION:

Consider the following statements . . .

Two people can have a successful marriage without speaking each other’s love language.

Two people cannot have a successful marriage without speaking each other’s love language.

Choose your position and make your strongest case for it.

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